

**Minutes of the Pacific Northwest Track & Field / USATF Pacific Northwest Annual Meeting
held September 22, 2013**

President William Hickman called the meeting to order at 2:47 p.m. at Laurelhurst Community Center, 4554 NE 41st Street in Seattle. The following were present: William Hickman, Ivars Ikstrums, Ed Viering, Mick Holt, Carole Langenbach, Bob Springer, Patti Petesch, Bill Roe, George Mathews, Neal Stoddard, Kenny Emerick, Bob Langenbach, Char Engelhardt, Darlene Hickman, Becca Peter, Holly Genest, Trisha Steidl, Uli Steidl, Jim Ryan, Eric Sach, Geof Newing, Peter Newing, Eric Alozie, Eddie Strickler, Tracy Silva, Lawrie Robertson, Gwen Robertson, John Patterson.

I MINUTES AND EXECUTIVE REPORTS

- A. Welcome: President William Hickman welcomed the attendees and first introduced a special guest--- Peter Newing---who has been part of this association since the old days of TAC vs. AAU. He then introduced the Committee Chairs.
- B. Verification of Voting Members: Carole Langenbach described the voting apportionment set out in the by-laws. There are a maximum of 80 votes allowed, with protections to ensure representation from athletes, coaches, officials, clubs and organizations. She reported that having taken attendance, all today's attendees were eligible to vote.
- C. Secretary's Report/Minutes: Ed Viering distributed the agenda and latest schedule. He reported that minutes for the August Meeting have been emailed and posted on the website with no amendments required. The minutes were accepted.
- D. Treasurer's Report: Carole Langenbach submitted the report for Doug Chandler as Doug had to work today. The report was accepted.

Overall Total as of 8/31/2012: \$79,007.96. Group breakdowns:

General Fund -	\$41,752.30	Masters -	\$ 9,033.88
Open -	\$10,663.89	Youth -	\$11,432.12
Open Chair -	\$ 1,971.35	Fred Dean Youth Travel -	\$ 2,613.00
Officials T&C-	\$ 3,342.83		

- E. Membership Report: no report.
- F. Office Manager's Report: Carole Langenbach.
 - 1. Carole gave a brief description of her duties. Her main job is submitting the organic reports to USATF. She also helps the Treasurer with the 990EZ IRS filing.
 - 2. She also recently sat in on a conference call for Associations and reported that National Office is looking at permanent USATF membership numbers.
- B. Sanctions Report: Carole Langenbach.
 - 1. As of Sep 1, all sanctions are online. Fifty-five events already have online sanctions for this year. By paper, we have 140 so far.
 - 2. The only trouble is, in the past, all money came to Carole and she sent USATF's share to them. Now USATF gets all the money and sends back our portion. But now we don't charge enough on our Bank of America credit card so we may get fees assessed. Before, Tracy only got the membership checks, now Doug gets membership and sanctions checks and he has to transfer funds to Carole's and Tracy's accounts.
- G. Vice President's Report: Ivars Ikstrums
 - 1. This last year, we recognized our by-laws were not matching up with how we did things. Corporate America says "say what you do" and "do what you say." Carole, Bill Roe and Ed spent a lot of time to rewrite them. I invite that kind of discussion in the future. Please bring up anything that is "out-of-order".
 - 2. The Association Accreditation Standards were rewritten for what makes sense. Bill Roe had a big part. One thing is we are supposed to put on championships. We have to meet a goal for accreditation, If we simply hand-in information and wait to be judged, that is called a "lagging metric". Ivars prefers leading in advance. He is looking to metric "What are we on

the hook for?"—first for championships, and later for others. He wants committees to realize others may be dependent on you. It will help us and help with accreditation year to year.

H. President's Report---- The State of Our Association: William Hickman

It is my pleasure to report one last time that the state of our Association is excellent. How do you measure an association? Geographically we run from the mountains to the ocean; from the Columbia River to British Columbia. Financially? Every other month our Treasurer Doug Chandler submits his reports and we operate transparently. Members? Tracy tells us how many we have every month. Then the National Office says we received Full Accreditation—and gives us the data to compare ourselves to other associations.

But PNTF is people. We have 2,250 members, up 130 from last year. Youth has over 1,400. Open has over 300. Masters---about 600. We have 66 Clubs. We have 13 elite athletes in our association. Certified officials? Well it depends on who you talk to—National says 101. Our Officials committee says 160.

For our association accreditation, minimum membership is 600---we have over 2,000. Minimum clubs is 16---we are 50 over that. Minimum sanction is 20---Carole says we are almost 200 so far. We have to maintain by-laws, hold an annual meeting, publish financial reports and conduct championships---we polled the committee chairs and I think we have over 30 of them.

But what it comes down to is we measure by people. Starting with our past-president Patti Petesch, who never stepped back after leaving the Presidency...and keeps us from being homeless. Our Vice President Ivars Ikstrums—who brings us the analytical approach of an engineer and refuses to accept anything less than perfection. Our Secretary Ed Vierung--- who keeps our minutes and keeps asking the tough question—why? --- and doesn't accept my answer of "because we've always done it that way!" Our Membership Chair Tracy Silva—she handles the tough questions from the parents and does a grand job. Our Treasurer Doug Chandler—he keeps track of the dollars and cents.

Carole Langenbach is our office manager, our corporate memory and our corporate conscience. Bill Roe served in all PNTF positions and as Secretary, V-P and President of USATF. Darlene Hickman, who served 12 years as Secretary and Vice President of USATF and now is Secretary to the Board of Directors of USATF. She flew back early from Indianapolis to attend this meeting. Bob Springer, who matches officials to track meets and is currently revising our officials training video. We distribute our training materials around the country and the world. It is the gold standard for officials education because of Bob. And Ken Emerick—the man who does everything. I don't even understand the complicated things he does now—I have no clue! And he also cooked today!

We lost some people this year—Jim Zatloukal, who started the Youth Cultural Exchange. And a Masters athlete named Sherman Stark. Sherman was born in 1920. He maintained a USATF card up until 2012. He competed at age 92 and ran a 12:12 mile!

This year, the Annual Meeting is in Indianapolis from Dec 4 to Dec 8. I personally invite you to come see how rules are made. Come play a role in forming USATF.

In 1980, Darlene and I were watching our daughter compete in Race Walk when I commented "where do we get these dumbass rules?" Well, I was overheard by the Secretary of TAC who told us "at the Annual Meeting." Well, we went in 1980 and then every year since then. Here you can meet the people who make assignments to big meets. This is where you can make a difference.

Our people have been the recipient of many national awards. The Robert Giegengeck Award is the highest award to a volunteer. Out of 57 associations, it has come to 3 people in Pacific Northwest. Lawrie, Carole, Patti, Char, Bob Springer, Darlene and Bill have all been recognized nationally. What makes us unique is we are one of the few associations in the country where all committees work together. We have disproportionately high representation at National level.

There is an important date coming up, as our Secretary reminded me. In May 2014 we observe the 30th anniversary of the first Women's Olympic Marathon Trials. It was a world-class event. It was in Olympia---and it was put on by us! We took it away from New York City! We staged a race that everyone since has tried to emulate. We formed in 1979. Our people have made a difference here and at the national level.

I close with a statement I have made before. At a reception for IAAF and USATF dignitaries a few years back, something went wrong. They were missing the drinks! But we were at our own reception across the hall and were asked for help. Kenny Emerick saved the day by shuttling in drinks so our CEO could entertain as planned. This led Craig Masbach, our former CEO, to say: "If I had 50 associations like PNAC, I would win 50 gold medals."

II COMMITTEE REPORTS

A. Youth Committee: Holly Genest

1. We had a great meeting earlier today for 2 1/2 hours. We had 25-30 people show up, slightly down from last year.
2. We had a wonderful summer track season. We had 1,380 athletes at JO regionals. Thank you to all the officials and to Patti.
3. We realize that we have outgrown Sealth. Top candidate for next year is Renton Stadium.
4. Association Cross Country will be at Woodland Park. Regionals will be in Oregon somewhere.
5. This year's cross country rules change has the top 5 teams/30 athletes going to Nationals. After discussion with Oregon and Inland NW, we will send top 5 teams/35 athletes to Regionals.
6. Daryl Genest is not renewing at his position, so we are looking for a XC Chair.
7. We put out for interest in a scholarship for Level 2 coaches training, which was granted to Kwajalein Griffin. She called it a "really good coaching session". We hope to continue attending.

B. Open Committee: Becca Peter.

1. Association T&F Championship was combined with Masters.
2. Regionals XC was going to be in Oregon, but is now cancelled. Association XC is Nov 3. We are trying to avoid the State HS Meet to see if that helps participation.
3. Our Regional T&F championship will be in June. We are exploring a bid for Club Track and Field Nationals in 2014. We will talk to the entire board next month. Association will be combined with Masters next year again.

C. MUT Committee: Eric Sach.

1. The last year has been a big learning curve for me. I am talking to Race Directors try to get them all sanctioned through us.

D. Masters Committee: George Mathews.

1. We had a wonderful meeting this morning. We reelected the same slate of officers: Bill Etnyre, Vice Chair; Carole Langenbach, Treasurer; Neal Stoddard, Secretary; George Mathews, Chair.
2. Seattle Classic was on July 20, combined with Open. We found out ways to do it better and will implement them next year.
3. SMAC-9 was August 24. It was also a Regional meet. It is interesting that we had more people from outside the Association than from inside. Meet was limited to 24 athlete slots.
4. 2014 schedule: Seattle Classic will be July 19; SMAC-9 will be Aug 23. We will possibly run the Parks Department Meet---pending negotiations with Parks and approval by the committee.

E. Race Walk Committee: Ed Viering delivered Stan Chraminski's report in his absence.

1. We had a fairly successful season however had hoped to recruit more walkers which we didn't yet. There is to be an article in the Seattle Times fitness section this month that should get us some notice and help recruiting.
2. Our goals for next year are to get several of our race walkers certified as officials so they can become judges in the future. I have several who said they are interested.
3. Also, we are looking at getting a certified 1K course at Magnuson Park along the waterfront where Club Northwest does their park series races. This would help us hold certified races outside the track races we normally participate in, especially in the non-track meet months of May, August, and September. With more certified judges we would need less support from the current officials group that has been so supportive in the past.

A. Officials Committee: Geof Newing.

1. I want to thank our Board of directors and thank our officials. We have a great group of dedicated officials. We do not get paid---we put the money into equipment.
 2. Indoors: we had a record number of athletes compete at UW. We even cut the meets down a bit. We only run on one Sunday next year.
 3. High School: We had a lot of us volunteering at the local meets. We provided 70% of the officials at the State meet—plus our equipment.
 4. UW opened their track, although there are soft spots. They will redo it next year. It is OK for tracks to be either soft or hard, but they should not switch between the two as you go around. They put in bleachers for 1,700 people. The infield is still sinking.
 5. We turn down a lot of requests to work meets because they don't want to follow the rules. They want "fun day", but we want to be professional and be in control.
 6. We spend a lot on equipment. We bought 10 Net Books for Field Lynx, which speeds up the inputting of results. We bought an electronic starting gun with 6 speakers. We are very happy with it. If you have tried buying shells recently—well, good luck! They are hard to find. We bought another generator.
 7. Chip timing: we finally got it down pat and had a successful meet at Sundodger---1,700 athletes. Only problems were a runner who carried chips in her hand and a coach who gave 2 athletes each other's chips. Equipment doesn't work out of the box. It takes a lot of ironing out. A big thank you to my brother Andy who worked very hard on this. He must have run 50 races out of my garage to test out the system.
 8. Colleges: starting in January, they have to score their meets, which means HS athletes in Dempsey may be at risk of a WIAA infraction. Be proactive about dealing with this possibility.
 9. Bill Hickman added a comment relating to Geof mentioning officials want to be professional. Going back a few years at the St Patrick's Day Run we wanted to be professional, but people were running in costumes!! By god, we gave every ostrich and leprechaun a time. You've got to run it by the rules, even if we don't like them.
- B. Officials Training & Certification: Bob Springer.
1. Last year we held clinics at Seattle, Tacoma (split session), Bellingham, and a two Wednesday split session at Kent-Meridian HS.
 2. This year, Seattle will be Feb 8. Tacoma is Feb 10/24 at UPS Field house. We are working on Kent-Meridian. Originally we planned for Mar 8, but that was too late in the season for them. We are looking at a two Tuesday split—probably Feb 4/11. Ed Viering will work on putting on a clinic in Olympia on Mar 8. There may also be a clinic in Bellingham. Last year we trained 200 people.
- C. Grants Committee: Patti Petesch.
1. The Associations Committee had \$20,000 for grants of \$2,500 each, but money was cut back to \$15,000 since no one applied. So they took on the task of teaching you how to apply.
 2. The deadline was May---a busy time for all--- but Patti got it moved to August. Patti wrote a webinar. USATF put it on their website. It is a good primer.
 3. We put out tips each week leading up to the deadline.
 4. We held a hands-on workshop at the Associations Workshop---it was the largest attended workshop! Dave Shrock (Pacific) and Desiree and Kelsey (National Office) were instrumental.
 5. PNTF submissions: 1) another 4 speakers. They will make a good PA system at XC and large track meets and are scalable for small meets as well. 2) Hammer cage gates at West Seattle, which is the only place publically open for practice. Grant would pay about 25% of the cost. We are expecting a decision after October 1. Thank you to Darlene for helping with all this.
- D. Communications: Becca Peter.
1. We sent out an email blast for this meeting using the USATF Delivra system, If you missed it, that means you either have to renew your membership or update your email address on file with USATF. We also sent out an announcement for XC.
 2. Becca can filter by preference e.g. athlete, coach, age group. Let her know if you need any specific emails sent.

- E. USATF Associations Committee: Patti Petesch.
1. The workshop was in Indianapolis and was well attended by new people. There was an attempt at more of a hands-on approach. The one-on-ones with the experts were particularly effective. For example, with the Sanctions or Membership expert.
 2. There was a Grants Workshop as mentioned earlier. Particularly good was a session on volunteer recruitment by Caleb.
 3. Almost the entire staff is new, young and with great ideas. The one weak point is this did lead to some disorganization.
 4. The Athletes Advisory Committee had a conversation about whether National Club Championships will continue.
 5. We already know that next year's workshop is in Sacramento, which is a big improvement over last year's three month notice.
 6. Darlene Hickman added that, because of the new staff, if you are not getting answers, you can tell Darlene and she will be happen to deliver your message anonymously to the right person.
 7. Patti stated we received the Silver Award for Associations, We have never had lower than Bronze. There was only one Gold Award this year. Bill Hickman added that we got this because of work you folks do.
 8. Darlene stated that USATF indoctrinated three new board members: Becky Oakes, Doc Patton and Ken Ferguson.

III BUSINESS

- A. Athlete Board Members: Carole Langenbach.
1. We have two athlete board members: Eric Sach and now Eddie Strickler. We are looking for two more. Let us know if you have anyone in mind.
- B. USATF Annual Meeting: Carole Langenbach.
1. We get 13 delegates. So far we have 8 going: Char Engelhardt, Patti Petesch, Bill and Darlene Hickman, Bob Springer, Kenny Emerick, Ivars Ikstrums, Becca Peter. Let us know if you want to attend. Athletes get a \$300 stipend.
 2. Holly Genest said that Helen Woodke is probably attending in her place.
- C. Annual Dinner Update: Char Engelhardt.
1. Our Awards Banquet is Feb 8 due a conflict with a meet on Feb 1. The will be two email invites in Jan/Feb. We need to know our attendance. PLEASE RSVP !!
 2. We will be in the smaller room this year because the big room was taken.
- D. General Comments:
1. John Patterson suggested communicating with the coaches for finding athlete board members.
 2. Ivars Ikstrums reminded Committee Chairs that they have to renew, within the new 30 days, who their alternate will be.
- E. Election of Officers: Carole Langenbach.
- A. As Nominations Chairman, Carole was asked to find nominees for the 4 Officer positions. Bill Hickman is leaving after 5 years. Ivars, our VP, agreed to run for President. Mick Holt volunteered for VP. Ed Viering and Doug Chandler agreed to continue as Secretary and Treasurer.
 - B. Carole called for additional nominations. There were none. A motion was seconded and approved to close the nominations.
 - C. A motion was seconded and approved to accept the four nominees by acclamation, thereby electing:
 - i. President – Ivars Ikstrums
 - ii. Vice President – Mick Holt
 - iii. Treasurer – Doug Chandler
 - iv. Secretary – Ed Viering
- G. Next Meeting. The next meeting was confirmed for October 21.

IV ADJOURNMENT

- A. Carole Langenbach presented Bill Hickman with an outgoing gift after 5 years as our President: an antique starter's pistol and a gift card to Palisades Restaurant.
- B. Bill Hickman thanked the members for 5 years of support. He presented incoming President Ikstrums with a new USATF cup—for all the coffee he'll have to drink to keep up. He also presented him with a baton, symbolic of passing the baton to the first President of PNTF who was not there with the original group in 1980.
- C. The meeting was adjourned at exactly 4:10 PM.

Respectfully submitted,

Ed Viering
Secretary
Pacific Northwest Track & Field / USATF Pacific Northwest