

**Minutes of the Pacific Northwest Track & Field/USATF Pacific Northwest
Board Meeting held October 21, 2013**

President Ivars Ikstrums called the meeting to order at 7:04 p.m. at Seattle Parks and Recreation Building at 100 Dexter Ave. N. in Seattle. The President led a round of introductions. The following were present: Ivars Ikstrums, Ed Viering, Doug Chandler, Mick Holt, William Hickman, Carole Langenbach, Becca Peter, Holly Genest, George Mathews, Bob Springer, Patti Petesch, Neal Stoddard, Kenny Emerick, Bob Langenbach, Char Engelhardt, Darlene Hickman, Stan Chraminski, Patrick Dwyer, Eddie Strickler, Ryan Brown, Tom Jugueta, Jim Ryan.

I MINUTES AND EXECUTIVE REPORTS

A. Secretary's Report/Minutes: Ed Viering distributed the agenda and latest schedule. The minutes for the September Annual meeting have been emailed and posted on the website. The minutes were accepted. Ed reminded the group that he will take additions/changes to the calendar at any time. Also, if you report a long list of names/dates/times please give him a hard copy so he can get it right in the minutes.

B. Treasurer's Report: Doug Chandler submitted his report. The report was accepted with a change of the previous year-end balance "as of" date to 12/31/2012.

Overall Total as of 09/30/2013: \$80,578.83. Group breakdowns:

General Fund -	\$35,426.39	Masters -	\$ 9,033.88
Open -	\$10,663.89	Youth -	\$ 11,432.12
Open Chair -	\$ 1,971.35	Fred Dean Youth Travel -	\$ 2,613.00
Officials T&C-	\$ 3,342.83		

C. Membership Report: Tracy Silva submitted her report via email. The report was accepted.

1. As of Oct 21, 2013: Youth- 1,417; Open- 325; Masters- 610; Clubs- 68.

2. Relative to a year ago: Youth is up 194, Open is down 38, Masters is down 40, Clubs is up 3.

3. Carole stated there are no \$10 late- year memberships this year. Becca said, as a result, many athletes are waiting until Nov 1 to register for her Nov 3 meet.

D. Vice President's Report: Mick Holt.

1. Mick reviewed the list of Board Members, who are:

a. Officers: Ivars Ikstrums, Mick Holt, Ed Viering, Doug Chandler

b. Other positions: William Hickman, Geof Newing, Becca Peter, Holly Genest, George Mathews, Carole Langenbach, Tracy Silva

c. Athletes Reps: Eric Sach, Eddie Strickler

d. At-Large: Patti Petesch, Char Engelhardt, Stan Chraminski, Bill Roe. Doris Heritage has been offered an At-Large position but we have not heard back yet, so that position is open pending her acceptance.

2. We still have two open spots for athlete representatives. Let us know if you think of anyone who might be interested.

3. Mick reminded those affected to name an alternate if they so desire. Just let Mick know.

E. President's Report: Ivars Ikstrums.

1. 2014 NFHS High School rules became available a few weeks ago. Case book was delayed and just arrived last week. One year ago was most productive for changes---this year, not so much, but still some good changes. Bob Springer added that the smart phone app was discontinued. Rules are now available as an e-book or i-book.

2. CEO Max Siegel scheduled a teleconference for Association Presidents on Nov 1. Ivars and Bill Hickman will participate.

3. For track and field purposes please use ivars.ikstrums@comcast.net. His tf_ikstrums account is used solely for the W&M newsletter.

F. Sanctions Report: Carole Langenbach.

1. Carole is happy to report that she no longer gets requests in the mail. We have had about 80 online sanctions since the spring. Plus there were 140 paper sanctions before Sep 1. That is a record for us---sanctions are way up!

2. Online system pays by credit card within a day. It lists whether or not the payment has cleared.
 3. It now accepts series sanctions.
- G. Office Manager's Report: Carole Langenbach. Nothing to report.

II OLD BUSINESS

- A. 2011 Club Cross Country Grievance: Bob Springer.
1. The final decision came down against us. USATF will change the results on the website. The basis was since somebody changed the individual results, we should change the team results. We decided not to appeal. Instead, we are proposing to the Rules Committee that grievances based on rules interpretations not go to arbitration. Ivars stated that this item is now closed.
- B. Grants Update: Patti Petesch.
1. The process is underway. An answer on our application is promised soon. The rules say decision should be given in October.
- C. PNTF Annual Meeting—Delegates: Carole Langenbach.
1. We are supposed to have three athletes. We have none right now, but Ryan Brown (pole vaulter, WWU alumnus) may take one of the spots. Becca said the 10 year athlete list they gave us is way off. Becca gave Carole more names. Carole said Joe Gray can't go due to a competition at that time. Ed contacted Mark Wiczorek who will be coaching at Nike XC Nationals that week. Becca will ask Brooks---who has a lot of athletes moving here. The athlete entry deadline is Nov 1.
 2. Attending so far: Bob Springer, Char Engelhardt, Darlene and Bill Hickman, Bill Roe, Ivars Ikstrums, Becca Peter, Ken Emerick, Patti Petesch, Helen Woodke, Kwajalein Griffin, Jim Ryan and possibly Ryan Brown. Char pointed out that Asha Dean recently said she would go.
 3. Carole will report on who goes to what meetings next month.
- D. PNTF Annual Meeting—Head of Delegation. Ivars asked Char to be Head of Delegation again and she accepted.
- E. PNTF Annual Meeting—Hospitality: Kenny Emerick.
1. Patti questioned whether we still need to put on a hospitality. The 3 main hotels are already out of rooms. Meetings are lasting up to 6:00pm. Many are involved at a pre-function for the banquet. She noticed that a lot of associations are not doing hospitalities every single year. They are labor intensive and expensive.
 2. Bill Hickman stated we started ours in 1980 so our people could meet the CEO, etc. Dean Ingram, from our association, was the Secretary and had access. We want to build connections—we have a new President and Vice President. Bill wants to keep it.
 3. Doug asked "how expensive?" Kenny said ; last year cost about \$2,000 . Booze and food was about \$750. The room is the expensive part. This year he has pictures and descriptions of the various rooms, but he couldn't book one because they are all tied up by USATF. He won't know if we get a room until Nov 7. The hotel asked about maybe using a meeting room.
 4. Mick asked the veterans if it was worth the expense. To paraphrase the responses...Char said "Yes. It helps our association." Becca said "Yes. We are one of the few associations that still do it." Kenny said "Yes. Last year we had a good group attend due to Bill Hickman receiving the Giegengack Award."
 5. Bob Springer mentioned there were no rooms available on the USATF website. Bob thinks they didn't book enough.
 6. Doug moved that we authorize \$2,500 for hospitality. The motion was seconded and approved.
- F. 2014 National Club Track And Field Championship: Becca Peter
1. Becca is requesting that the Association authorize her to bid on the meet. There are rumors about cancelling this meet for 2015, but USATF is still committed for 2014. Becca was

pleasantly surprised at the amount the National Office is willing to cover. Club Northwest has pledged a substantial amount as well.

2. UW told us “no” for their facility. Right now the proposal is for West Seattle on Fri/Sat July 11/12.
 3. Becca presented a draft budget. Estimated expenses are \$39,650. USATF will cover up to \$31,850 in specific areas plus provide medals and signage. Most everyone expressed surprise that USATF would front over \$31,000!
 4. In addition to USATF's sponsorship, Club Northwest is willing to pledge up to \$9,000, Becca expects to be able to sell at least \$3,000 in sponsorships, and entry fees are expected to bring in at least \$7,000 resulting in a total estimated revenue of \$50,850. Any profit will first be used to reimburse Club Northwest for meet expenses they cover, the remainder would go to PNTF.
 5. Club NW has a contract with a medical crew which will save some money. We should have some money to help bring in officials. An after-party is not required but Club NW would like to host one.
 6. Becca said it would be nice to know an answer tonight but it can wait until the November meeting.
 7. Darlene suggested that athletes are not going to come out here to the end of the world. Becca replied that this meet is heavy on distance events and we have wonderful weather for that. Many will like visiting Seattle and make a vacation out of it.
 8. George asked about athlete counts. Becca will get better numbers but said it will be comparable to a UW-WSU dual meet. Bob Springer was told likely no more than 2 flights in field events and 3 heats of each race. Becca said the standards are a little below “emerging elite”.
 9. Patti said West Seattle Stadium is in terrible shape. Lines need repainting. Hurdles are bad. Pole vault pads are bad.
 10. Tom Jugueta said we can use the PNTF Hospitality in December to recruit people to Seattle.
 11. Carole asked about SW Athletic Complex and was told by several folks that the throwing venues were unsatisfactory. Patti also predicted many issues with the school district.
 12. Patti recommended contacting the Tacoma Sports Commission. PLU and UPS were mentioned as the possibilities in Tacoma.
 13. Becca says to send her your concerns.
 14. Char moved that we table this until next meeting. Motion was seconded and approved.
- G. PNTF Banquet Update: Char Engelhardt. Event will be Feb 8 in Embassy Suites in Tukwila in the small room. Char is still insecure about the registration and payment system from last year. Becca doesn't want to use the USATF registration. Char asked for help in finding a guest speaker.
- H. Financial Audit: Ivars Ikstrums. In the interest of time, Ivars deferred this item until next meeting.

III NEW BUSINESS

- A. Ideas for Banquet Guest Speaker: Board Members.
1. Neal Stoddard has suggested Bill Iffrig (Masters runner who completed the Boston Marathon despite being knocked over by bomb blast near the finish line). Becca suggested Joe Gray (champion mountain runner). Patti suggested Jennifer Kubista (Meet Manager for State HS meet).
 2. Patti also suggested trying a different approach, such as panel of three youth coaches. Other suggestions included JD Drake (UW Asst. Coach); Aretha Thurmond, Ginnie Powell and Cheryl Taplin (retired PNTF elite athletes); and Mark Wiczorek (2013 Olympic Trials 800M runner).
- B. Christmas Party Planning: Carole Langenbach. Carole proposed some dates and December 15th was approved. The Langenbachs will host if no one else wants to. This event is also our Post-Annual Meeting debrief.
- C. Delegate Reports: Ivars Ikstrums.

1. Ivars led a discussion of our past-practice and current expectations for submitting delegate reports. They have always been tied to athlete stipends and registration fee reimbursements, but our requirements have been fairly informal. Darlene summed things up by noting that the purpose is so the rest of us will learn what you get out of your meetings.
2. After some discussion and input, the policy was decided as:
 - i. Must be at the opening and closing sessions to be reimbursed your registration fee.
 - ii. Must attend your assigned meetings and provide a written report to the President.
 - iii. If above conditions are met and Ivars is satisfied with your report, then Ivars will authorize the treasurer to reimburse that individuals registration fee and pay the athlete stipend.
 - iv. Ivars will publish the reports for the board members via the website or another appropriate method.

IV COMMITTEE REPORTS

A. Youth: Holly Genest

1. Our numbers are way up! We had 200 athletes at Holly's meet. Normally we have 100.
2. Youth Committee elections are next week.
3. Lionel Leach(National Youth Chair) had a conference call a while back and hopes to have 3 calls a year.
 - i. There was a very interesting 30 minute Q &A session.
 - ii. There were 8,300 athletes at JO Nationals. There were only 2 protests. There were 91 heats of the 100 M Dash.
 - iii. At Junior Worlds we won 17 medals.
 - iv. There are no bids in yet for 2015 JO Nationals.
4. JO Association is Saturday Nov 16 at Lower Woodland Park. Registration goes live shortly on CoachO. Regionals are in Monmouth , OR on Nov 23.

B. Open: Becca Peter.

1. Association Masters and Open XC are Nov 3. Registration will be online using Google, with money being collected at the meet.
2. Regional Open and Masters are at Blue Lake , OR. They are not co-located with the JOs. It has been hard to find info on this meet. The Red Lizard team is hosting.
3. Club Nationals XC are in Oregon on Dec 14
4. A lot of athletes are waiting until Nov 1 to sign up for meets.

C. MUT: no report.

D. Masters: George Mathews. Nothing to report.

E. Race Walk: Stan Chraminski.

1. Katie Burnett won the National 30 km Championship in NY.
2. There was a nice Race Walk article in Seattle Times Pacific NW Magazine. This likely helped in having 15 people show up for the beginner clinic.

F. Athlete Update/News:

1. Ed Viering reported that DYESTAT National HS XC rankings show: Gig Harbor Boys ranked #1 in the country! Nathan Hale Boys #36. Alexa Efraimson (Camas) #2; Joe Hardy (Seattle Prep) #3; Wolfgang Beck (Gig Harbor) # 24.
2. George reported that Alexa Efraimson was banned by WIAA, and subsequently reinstated, related to participation in non-HS meets. Patti said this is unfair to our athletes because other states have different rules. Also, there seems to be no similar restriction for HS basketball players out-of-season. Patti is drafting a letter to Mike Colbrese and Brian Smith at WIAA.
3. Bob Springer says all UW Meets will now be scored, so HS athletes should be aware.
4. George reported that UW told him there will be a HS meet at UW on Feb 2nd, and the UW Open will also allow HS athletes. This was surprising and contradictory news to what several other members had been told. We will follow-up with UW to confirm.

G. Officials: Neal Stoddard.

1. We now have chip timing and it is working very well. We used it at Sundodger and three Evergreen HS meets.
 2. Andy found ammunition and bought 30 boxes of starter shells.
 3. Brooks T&F Meet is outdoors at UW on Friday Jun 20.
 4. The State HS XC Meet in Pasco will use us for chip timing.
 5. Officials Banquet is Jan 25.
 6. UW is talking about a second XC Invite next year with D1 schools. Bob Springer thinks they were waiting to do this until they had chip timing.
- H. Officials Training & Certification: Bob Springer.
1. Field Lynx Training in this room on Jan 11
 2. Officials Clinics: Kent-Meridian on Feb 4/11; Seattle (Parks & Rec Building) on Feb 8; Tacoma (UPS) on Feb 10/24; Bellingham (CH2M Hill Bldg) on Feb 22; Olympia area on Mar 8 is not finalized yet.
- I. Website/Communications: Becca Peter.
1. No major website updates. Becca says she needs to post all the clinics.
 2. Becca intends to send a targeted email for Officials.
- J. USATF Associations Committee: Patti Petesch.
1. There is much disappointment with the Association Accreditation scores due to inaccurate counting of number of championships. Email conversations were so lively that the Chair shut down the email conversations and promised to bring it up at committee meeting. They are answering Associations who disputed their scores.
 2. The 10-year athlete list published by the National Office was a big disappointment. Many athletes were missing and there was much out-of-date information on which Associations athletes belonged to.
 3. Associations Committee is unhappy with communications with the National Office.
 4. Sanctions and Memberships systems are going well, but Associations are not happy with Meet Registration.
 5. The Championships reporting form is being worked on and the 21 championship requirement is being looked at.
- K. USATF Board of Directors Update: Darlene Hickman.
1. There will be no session on the Volunteer Council /Administrative Division.
 2. There was an in-depth conversation in Executive Council about one of the Chairs.
- L. Final Comments:
1. Jim Ryan reported that Officials Hall Of Fame Banquet tickets are available for \$49.

Next meeting is here on November 18, 2013.

The meeting was adjourned at exactly 8:52 p.m.

Respectfully submitted,

Ed Viering
Secretary
Pacific Northwest Track & Field/USATF Pacific Northwest