

SAFETY FITNESS OF OFFICIALS

[AFNEHWA]

- A**lertness: Mental
Physical
- F**ocus: Cannot be distracted
Make accurate decisions quickly
- N**imbleness: Mobility
Balance
Move forward, backward, laterally
- E**yesight: See flying objects
See "fast feet" ring fouls
- H**earing: Hear sector warnings
- W**eight: Can affect nimbleness
- A**ge: Preferably, will be self-determined
70s: Start self-evaluation — "Am I still capable?"
80s: Hang it up!
- A**ssignment: Unlimited
Limited to...

SAFETY CHECK OF VENUE

- Cage: Fencing
Netting
Anchoring
Doors
- Surfaces: Cement: Slipperiness
Drainage
All-Weather: Wear, Rips, Holes
- Safety Lines: Sector
Spectators
- Other Venues: Proximity
Overlap

SAFETY DURING COMPETITION

- Athletes: Warm-up
Limits: can do or go, cannot do or go
- Spectators: Bleacher location
Safety lines
Frequent announcements
- Officials: Sector
Ring