

## PNA Association X-C Championships Results – 11/15/2003

### 3k Run CC Bantam Girls

Name	Age	Team	Finals
1 Wood, Tamara	10	Rain City	13.17
2 Kennedy, Becca	10	Rain City	13.24
3 Poplawski, Alisa	9	Issq Gliders	13.49
4 McGanney, Samantha	8	Rain City	13.55
5 Nigro, Kelly	8	Flan Clan	14.05
6 Titcomb, Oxhna	10	Rain City	14.07
7 Sahl, Kendall	8	Rain City	14.24
8 Steele, Leah	9	Rain City	14.29
9 Baker, Brianna	10	Cascade	14.40
10 Green, Elizabeth	9	Cascade	15.17
11 Larson, Kristen	10	Cascade	15.58
12 Ferris, Lorin	9	Cascade	16.55
13 Boller, LaMaria	10	Cascade	18.03
14 Eman, Parisa	9	Issq Gliders	18.52

### 3k Run CC Midget Girls

Name	Age	Team	Finals
1 Dear, Annie	12	Cascade	11.28
2 Kearney, Erin	12	Una	11.35
3 Lord, Sarah	12	Cascade	12.08
4 Baughn, Kelsey	11	Cascade	12.16
5 Osborn, Erica	11	Cascade	12.17
6 Steele, Alanna	12	Cascade	12.19
7 Meler, Holly	12	Flan Clan	12.23
8 McMahon, Devin	11	Cascade	12.31
9 D'Aguiar, TiaAnn	12	Fed Way	12.49
10 Theus, Jessica	12	Fed Way	13.13
11 Knight, Nina	10	Fed Way	13.29
12 Urbano, Michael	12	Una	13.41
13 Copernell, Alexis	11	Fed Way	13.45
14 Boler, Britney	12	Cascade	13.47
15 Heffernan, Agen	12	Cascade	13.52
16 Alejo, Karen	11	Flan Clan	13.56
17 Vardell, Kathleen	12	Una	13.59
18 Hart, Chrissy	11	Fed Way	14.11
19 Evans, Molly	12	Fed Way	14.15
20 Vardell, Victoria	12	Una	14.25
21 Gonzalez, Deizi	11	Flan Clan	14.55
22 Biddix, Taylor	11	Flan Clan	15.06
23 Argyle, Christi	11	Issq Gliders	15.21
24 Ast, Terah	10	Flan Clan	15.27
25 Perkins, Britta	12	Cascade	16.06
26 Forgrave, Becky	11	Cascade	16.57
27 Birkhead, Ashley	11	Flan Clan	18.31
28 Martinez, Jessica	11	Flan Clan	20.17

## PNA Association X-C Championships Results – 11/15/2003

### 4k Run CC Youth Girls

Name	Age	Team	Finals
1 Cochran, Nicole	13	So Hill Strds	15.11
2 Grannemann, Tess	14	So Hill Strds	16.14
3 Burns, Chelsea	13	Issq Gliders	16.26
4 Braham, Chaya	14	Una	16.37
5 Bisignano, Catherine	13	Rain City	16.43
6 Baker, Meghan	13	So Hill Strds	16.47
7 Cushing, Liisa	14	So Hill Strds	17.35
8 Harris, Amy	14	So Hill Strds	17.44
9 Laweryson, Annie	14	So Hill Strds	17.46
10 Chevalier, Megan	14	So Hill Strds	18.04
11 Ginsberg, Alicia	14	So Hill Strds	18.13
12 Hendricksen, Kayla	13	Rain City	18.43
13 Miller, Jessica	13	Flan Clan	19.05
14 Renouard, Francesca	13	Rain City	20.00
15 Martin, Leah	13	Rain City	21.40
16 Garrison, April	13	Rain City	24.34

### 5k Run CC Intermediate Girls

Name	Age	Team	Finals
1 Williams, Becky	15	Fed Way	19.39
2 Bakeman, Mary	15	Una	19.52
3 Southcote-Want, Kate	14	Una	20.16
4 McKenzie, Danica	16	Fed Way	21.17
5 Barney, Kimberly	15	Fed Way	21.38
6 Melrose, Stephanie	16	Fed Way	21.51
7 Norgard, Kelly	16	Rain City	21.56
8 Fraley, Gabby	15	Rain City	22.06
9 Gaudette, KC	17	Fed Way	22.45
10 Shrum, Tiffany	15	Flan Clan	22.47
11 Smith, Brittany	16	Fed Way	23.58

### 5k Run CC Young Women

Name	Age	Team	Finals
1 Moriarty, Mary	17	Rain City	19.44
2 Branch, Brittany	17	Fed Way	20.34
3 Kuhn, Tracy	18	Una	20.35
4 Miller, Lexie	16	Fed Way	21.06
5 Frost, Claire	17	Una	21.32
6 Uhlig, Emily	17	Issq Gliders	22.48

### 3k Run CC Bantam Boys

## PNA Association X-C Championships Results – 11/15/2003

Name	Age	Team	Finals
1 Pogue, Jacob	10	So Hill Strds	12.05
2 Martin-Noble, Geoffrey	9	Rain City	12.46
3 Heidenreich, Noah	9	Rain City	13.00
4 Earnhardt, Tyler	10	Rain City	13.06
5 Cabe, Nathaniel	9	Issq Gliders	13.15
6 Symmes, Keegan	9	Issq Gliders	13.25
7 Goldstone, David	8	So Hill Strds	13.26
8 Jasperson, James	8	Barron Park Strd	13.33
9 Bannick, Jonathan	10	Issq Gliders	13.38
10 Matthews, Drew	9	Issq Gliders	13.42
11 VanAchte, Kelly	9	So Hill Strds	13.54
12 D'Aguiar, Daniel	10	So Hill Strds	14.03
13 Brown, Antonio	8	Rain City	14.04
14 Larsen, John	10	So Hill Strds	14.20
15 Valentine, Michael	9	So Hill Strds	14.52
16 Westenbroek, Tyler	9	Issq Gliders	15.00
17 Garrison, Kirk	7	Rain City	15.18
18 Feiler, Johnnhy	10	Issq Gliders	15.26
19 Bingham, Grant	8	So Hill Strds	15.35
20 Melrose, Marshall	8	So Hill Strds	15.40
21 Hartman, Andrew	10	Issq Gliders	17.21
22 Devine, Cameron	9	So Hill Strds	17.29

### 3k Run CC Midget Boys

Name	Age	Team	Finals
1 Berhe, Abraham	12	Rain City	11.22
2 VanAchte, Conor	12	Cascade	11.28
3 Guilleaume, Tom	12	Rain City	11.32
4 McGanney, Jake	11	Rain City	11.37
5 Bernard, Sterling	11	Fed Way	11.44
6 Walsh, Eric	11	Fed Way	11.47
7 Colyer, Troy	11	Issq Gliders	11.54
8 Albertson, Cameron	12	Cascade	11.55
9 Massingill II, Guy	12	Fed Way	12.00
10 McDonald, Charlie	12	Cascade	12.02
11 Radford, Eric	12	Fed Way	12.05
12 Garrison, Ethan	11	Rain City	12.13
13 Said, Fuadi	11	Rain City	12.29
14 Robinson, Steven	11	Rain City	12.37
15 McConaughy, Joseph	12	Rain City	12.38
16 Frerker, Mark	11	Issq Gliders	12.39
17 Bailey, Corde	12	Rain City	12.49
18 Burns, Keegan	11	Issq Gliders	12.52
19 Melrose, Christopher	11	Cascade	12.56
20 Berglund, Stephen	12	Fed Way	12.57
21 Bice, Eric	11	Issq Gliders	13.04
22 Ferris, Robert	11	Cascade	13.16

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23	McDevitt, Max	11	Issq Gliders	13.18
24	Williams, Lukas	12	Fed Way	14.04
25	Rosell, Ryan	12	Issq Gliders	14.13
26	Johnson, Keenan	11	Cascade	14.17
27	May, Zach	12	Cascade	14.29
28	Looi, Terence	11	Issq Gliders	15.09
29	Cowan, Hunter	12	Fed Way	15.13

### 4k Run CC Youth Boys

Name	Age	Team	Finals
1	Frerker, Matthew	14 Issq Gliders	13.32
2	Tufa, Amin	13 Rain City	14.12
3	Brown, Kris	14 Rain City	14.19
4	Peters, Colby	13 Cascade	14.27
5	Cowan, Julian (Blake)	13 Fed Way	14.53
6	Helm, Justin	13 Fed Way	15.03
7	Cutforth, Tyler	14 Una	15.10
8	Green, Andrew	14 Cascade	15.17
9	daPonte, Drake	13 Issq Gliders	15.24
10	Martinez, Jose	14 Rain City	15.25
11	Bailey, Tamasz	13 Rain City	15.28
12	Jardine, Jon-Erik	13 Rain City	15.29
13	Englund, Justin	13 Fed Way	15.36
14	Sahl, Andrew	13 Rain City	15.38
15	Dance, Jacob	14 Cascade	15.39
16	Bannick, Nathan	13 Issq Gliders	15.44
17	Allen, Elliot	14 Rain City	15.57
18	Merdich, Jeffrey	14 Fed Way	16.08
19	Buckley, Michael	13 Issq Gliders	16.09
20	Stansell, Roy	14 Fed Way	16.11
21	Larson, Caleb	13 Fed Way	16.12
22	Falconer, Colin	13 Issq Gliders	16.14
23	Byron, Mitchell	13 Issq Gliders	16.24
24	Minsk, Aaron	13 Cascade	16.30
25	Duchscherer, Ryan	14 Fed Way	16.31
26	Wimbish, Jason	14 Rain City	16.46
27	Montgomery, Rory	13 Issq Gliders	16.56
28	Bannick, David	13 Issq Gliders	17.08
29	Poplawski, Alex	13 Issq Gliders	17.11
30	Erickson, Wesley	13 Rain City	17.15
31	Martin, Paul	14 Cascade	17.16
32	Joyce, Brian	14 Cascade	17.18
33	VandenBos, William	13 Rain City	17.28
34	Taylor, Daniel	14 Una	17.38
35	Yates, Malcolm	13 Rain City	19.19
36	Gordon, Jeremu	14 So Hill Strds	20.24
37	Huitt, Kyle	13 Una	20.33

### 5k Run CC Intermediate Boys

## PNA Association X-C Championships Results – 11/15/2003

Name	Age	Team	Finals
1 Brown, Josh	16	Una	16.28
2 Kaftanski, Matthew	16	Rain City	16.38
3 Smargiassi, Dominic	16	Fed Way	16.40
4 Chinchar, Michael	15	Fed Way	16.54
5 O-Donoghue-McDonald, Max	15	Una	16.56
6 Saba, Scott	15	Fed Way	17.00
7 Furin, Corey	16	Una	17.03
8 Kirschner, Nick	16	Rain City	17.08
9 Bjella, Keith	16	Rain City	17.22
10 Roberts, Jake	16	Una	17.23
11 Berhe, Yonas	15	Rain City	17.35
12 Holt, Doug	15	Cascade	17.42
13 Meis, Chad	15	Fed Way	17.50
14 Corlew, Vincent	16	Cascade	17.58
15 Looi, Alex	14	Issq Gliders	18.00
16 Welch, Nick	15	Rain City	18.01
17 Kinman, Grant	16	Una	18.02
18 Thomas, Tyler	16	Fed Way	18.03
19 Bonsey, Bobby	16	Cascade	18.04
20 Hayes, John	15	Una	18.05
21 Johnson, Tom	16	Rain City	18.15
22 Bentley, Peter	16	Cascade	18.47
23 Smyth, Alex	15	Cascade	19.30
24 Wyatt, Lars	15	Cascade	19.38
25 Sullivan, Riley	15	Rain City	19.50
26 DeSanto, Shawn	15	Fed Way	19.56
27 Huit, Mike	15	Una	20.00
28 Randall, Andy	16	Fed Way	20.16
29 Bannan, Sean	16	Una	20.48
30 Carlin, Mathew	15	Fed Way	21.54

### 5k Run CC Young Men

Name	Age	Team	Finals
1 Fuller, Andrew	17	Fed Way	16.17
2 Resetar, Jr., Johnathan	17	Una	16.19
3 Sundquist, James	18	Fed Way	16.34
4 Lucero, Daniel	17	Una	16.47
5 Manthey, Grant	16	Una	16.58
5 Dryver, Jon	17	Una	16.58
7 Moriarty, Tim	18	Rain City	17.04
8 Lim, Daniel	17	Fed Way	17.11
9 Norton, Brandon	17	Fed Way	17.52
10 Wall, Brian	17	Fed Way	17.59
11 Dunning, Allan	16	Fed Way	18.07